

2009/2010 Schedule of Parenting Talks with Dr. Steven Kahn, School Psychologist

***NEW: To register for any of these sessions,
please fill out the form on the back of this page
and send into the school office by November 2nd.***

Parenting Strategies and Child Temperaments

Wednesday, November 11, 2009

10:15 a.m.

St. Matthew, Lower Level, Room #116

Parenting is not a “one size fits all” endeavor. Join us for a frank discussion of the ways in which our children’s temperaments (and our own) have implications for the way we parent.

We will talk about the different challenges presented by our sons and daughters, the lingering issues from our families of origin, and different approaches for the easier, more compliant child vs. the strong-willed, challenging child.

Friendship From the Child’s Perspective

Wednesday, December 9 (***RESCHEDULED FOR JAN. 20TH***)

10:15 a.m.

St. Matthew, Lower Level, Room #116

How can we utilize the friendship issues that inevitably arise when our children are young to help them develop inner strength and prepare them for adolescent peer pressure? How can parents know when the hurt their children are feeling might be growth promoting and important to experience, or something that requires intervention? Join us for a practical look at our children’s relationships with their friends.

Now What? --When Your Child Starts to Act Like a Teen

Wednesday, January 13

10:15 a.m.

St. Matthew, Lower Level, Room #116

Parents sometimes say that their children begin to act like teenagers as early as 4th grade! They need us as much as ever to help them with responsibilities, deadlines, manners and safety issues, but now they are not always quite as appreciative of our efforts. Please join us if you can to hear Dr. Kahn share his ideas on which battles to fight and which ones may be safely skipped. Learn to advise and discipline so their ears stay open to all you will have to teach them through the Middle School and High School years.

(OVER)

Fathers and Daughters; Mothers and Sons

Thursday, February 11, 2010

Special Evening Presentation—7:00 to 8:00pm

St. Matthew, Lower Level, Room #116

Don't miss Dr. Kahn's talk about gender characteristics and parenting. What is the special role for daughters that only fathers can play? How are mothers supposed to successfully communicate with their sons? Can fathers ever understand the importance of their daughters' social experiences? Why is it so difficult for us to talk to our children about dating and sexuality? We hope to have many Moms *and* Dads come for this talk.

Avoiding Power Struggles

Wednesday, March 17, 2010

10:15 a.m.

North Fellowship Hall

Children start power struggles with us because they are children. However, when we are at our best, we are able to resist their inappropriate behavior and not get dragged into their power struggles. Join us for this presentation on how to not only avoid the power struggle trap but also learn how to flip it over to a positive teaching opportunity.

Please sign me up to attend the following sessions:

- Wed. Nov. 11th***
- Wed. Dec. 9th***
- Wed. Jan. 13th***
- Thurs. Feb. 11th***
- Wed. Mar. 17th***

Name: _____

E-mail Address: _____

Please return this form to your child's teacher by November 2nd. Any questions can be sent to katie.hodges@sthubert.org. A minimum of 5 people must be signed up to attend each session or it will be cancelled. Thank you!

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• Please check out Dr. Kahn's new Web site with articles about children and parenting: www.drstevekahn.com •